

**WALLSEND RSL ATHLETIC CLUB &
WALLSEND RSL LITTLE ATHLETIC CENTRE**

Newsletter No 10. 13th November 2017

MONDAY COMPETITION START 5.30pm

**WEEKLY PROGRAM.....TONIGHT..... ROUND 4 PROGRAM 1
Oh!!!!!!! First Monday's competition of Month ITS BBQ NIGHT**

TRAINING

THURSDAY 5.30 to 6.30pm

CLUB UNIFORM

Got a massive discussion at November Club Meeting,
Club is too slack with uniform rule,
Club and Athletes showing no pride in Wallsend uniform,
almost anything goes as far as uniform is concerned.
There are State Rules there are Club Rules on Uniforms.

**IT WAS AGREED WE AS A COMMITTEE - WE AS A CLUB NEED TO
FIX THIS - TO WORK TOGETHER TO IMPROVE OUR CLUB IMAGE**

**TONIGHT IS A LAST WARNING TO ALL WALLSEND ATHLETIC
CLUB ATHLETES FROM NEXT MONDAY COMPETITION ANY
ATHLETES NOT IN CORRECT CLUB UNIFORM NOT BE GIVEN ANY
PIONTSORE POINTS OR CLUB CHAMPION POINTS**

<p><u>REDUCED TIMES FOR EVENT TRIALS APPLIES NOW</u> THIS APPLIES TO BOTH SENIOR AND LITTLE ATHLETICS at November Meeting a decision that Wallsend Club <u>WILL APPLY new time rules for event trials from tonight</u> 30 SECONDS FROM TIME NAME CALLED TO START TRIAL</p>
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PORT HUNTER ZONE LA CHAMPIONSHIPS

A paper of the LA Zone Championships is available to all LA families
It tells the story of the Zone Rules and Regulations
it tells of each athlete age events available to them
it tells of some events (walks -- distance runs) qualifying standards
it tells of what responsibility all parents of athletes going are to do.

**THERE IS AN ENTRY FORM...ONE FOR EACH ATHLETE
MUST BE FILLED IN AND RETURNED ON / BEFORE 20 / 11 / 17**

Note a warning Regional is at Mingara, their Committee are scheduling Friday night events, we are still waiting to be advised what are the Friday night events....sorry

ALSO note we will not be taking the big Club Tent ...not a lot of space but we are taking our 6 Club Gazebo to set up a Wallsend Gazebo City

WALLSEND RELAY TEAMS FOR ZONE

Club Meeting has selected a Relay Group for training, day and times tba ...the Zone Relay Team will be picked from the Group

...Relay Coach Cale Farquharson for the Junior Boys & Girls

...Relay Coach Rob Browne for Senior Girls Team

...Relay Coach Peter Watson for Senior Boys Team

ZONE TEAM MANAGERS are Mrs Lee Grant and Mr Paul Goeldner

Please note it is the Team Managers who have the total and sole Management and decisions responsibility of our Wallsend Team at Zone

COLES

the new AUSTRALIAN LITTLE ATHLETE sponsors
..... as a promotion are supplying boxes of Bananas to Centres.....

CARNIVALS COMING UP SOON

Question asked why we don't print all the Carnivals

Answer WE WOULD if the Club / Centres sent us details

AND ANOTHER QUESTION ? ? ? ?

why didn't we run last Monday

at decision time 2.30pm it was pouring rain at Wallsend,

was that heavy you could not see the cricket pitch from the verandah

there were sheets of water across the track

5.30pm it was beautiful blue sky, nice warm sunny afternoon

BUT IT WAS TOO LATE the decisions are made at 2.30pm

PORT HUTER ZONE CHAMPIONSHIPS

SATURDAY & SUNDAY 9th 10th NOVEMBER think already covered earlier

Problem Solvers

answers to last week worries

ITS ABOT TIME

WEST INDIES

GETTING OVER IT

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